



Girls and Ladies Football Farnborough

Rushmoor Community FC hold specific female football training, on Mondays, Tuesday and Sundays as part of our get girls playing programme. Any age and ability is welcome starting from age 5.

We currently have females from 5 to 50 playing for our teams across the club we currently have two adult teams and 5 youth teams, where the ability levels range from absolute beginners to fantastic talents.

Remember that desire to play - come back to football

email al.gardiner@live.co.uk

If you would like to learn new skills and be part of a team environment then Rushmoor Community FC provide friendly female football far you

Womens matches Sunday PM Childrens Matches Sunday AM Grasmere Road, GU140LE

